



Freiburg Medical Laboratory Middle East (L.L.C.)

P.O. Box: 3068, Dubai - UAE, Tel: 04 396 2227, Fax: 04 396 2228

E-mail: info@fml-dubai.com, Website: www.fml-dubai.com

Physician:

Dr. M. Jaksch
Freiburg Medical Lab

Laboratory Report Online Version

Report Date: 28.04.2019

Patient Name: Diabetes Profile sample report

Gender: Female
Date of Birth: 01.01.1973
Nationality:
Your ID:

Test Request Code: 1278
Sample ID:
Patient IDNo: 380032

Sampling Date / Time: 27.04.2019 / 17:09
Receipt Date / Time: 27.04.2019 / 17:09

Remarks:

Insurance:

Analysis	Result	Flag	Units	Reference Range
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Proteins/Metabolites (Serum)

Glucose (Recommendation of the American Diabetes Association)

Glucose fasting (PHO)	83		mg/dl	70 - 99
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Please note that we have adjusted our reference ranges according to the recommendations of the American Diabetes Association:

Glucose Level
 70 - 99 Normal fasting glucose
 100 - 125 Impaired fasting glucose (pre-diabetes)
 >126 Suspicion of diabetes

Please note that glucose in full blood without stabilizers such as NaF is only stable for 10 minutes. Please send us NaF blood.

Proteins/Metabolites (Serum)

Lipid Studies in mg/dl (Recommendations for Adults from the American Heart Association)

Cholesterol, total (PHO)	221	high	mg/dl	100 - 200
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Normal: 100 - 199, Desirable: < 200, Borderline: 200 - 239, High Risk: >240

Triglycerides (PHO)	1315	high	mg/dl	< 150
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Normal: < 150, Borderline: 150 - 199, High: 200 - 499, Very High: >500

HDL Cholesterol, direct (PHO)	22.5	low	mg/dl	> 50
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Increased Risk Men: < 40, Increased Risk Women: < 50, Normal: 50 - 60, Optimal: > 60

LDL Cholesterol, direct (PHO)	36		mg/dl	< 100
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Optimal: < 100, Near Optimal: 100 - 129, Borderline: 130 - 159, High: 160 - 189 Very High: > 190

Note:

Our reference values are adjusted to age and gender.
Daily internal Quality Control within the required range (according to ISO 15189).

External Quality Control available on request.

^ non-accredited parameter

* This parameter is affected by Biotin intake of >5 mg (RDI = 0.03mg)

* This investigation has been performed in a collaborating accredited laboratory (Germany).

Techn. Validation by
Med. Technologist
(Supervisor of
the Department)

Dr. Nehmat EIBanna
Specialist
Clinical Pathology (U/S)
(DHA-P-0084548)

PD Dr. med. habil. M. Jaksch
Associate Professor
Medical Director
(DHA-LS-240710)

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Proteins/Metabolites (Serum)

Lipid Studies in mmol/l (Recommendations for Adults from the American Heart Association)

Cholesterol, total (PHO) **5.7** **high** mmol/l 2.6 - 5.1

Normal: 2.6 - 5.1, Desirable: < 5.2, Borderline: 5.2 - 6.2, High Risk: >6.2

Triglycerides (PHO) **14.8** **high** mmol/l < 1.7

Normal: < 1.7, Borderline: 1.7 - 2.2, High: 2.2 - 5.6, Very High: >5.6

HDL Cholesterol, direct (PHO) **0.6** **low** mmol/l >1.3

Increased Risk Men: < 1.0, Increased Risk Women: < 1.3, Normal: 1.3 - 1.6, Optimal: > 1.6

LDL Cholesterol, direct (PHO) **0.9** mmol/l < 2.6

Optimal: < 2.6, Near Optimal: 2.6 - 3.3, Borderline: 3.4 - 4.1, High: 4.2 - 4.9, Very High: > 4.9

Proteins/Metabolites (Serum)

Albumin (PHO) **4.5** g/dl 3.5 - 5.0

Urea Nitrogen (PHO) **9** mg/dl 6 - 20

Creatinine (PHO) **0.7** mg/dl 0.4 - 0.9

Creatinine is related to the muscle mass.

Please note that we have slightly adjusted the reference ranges based on own evaluations in the Asian/Arabic population.

Total Protein (PHO) **7.1** g/dl 6.4 - 8.3

Proteins/Metabolites (EDTA blood)

Hb A1c (TURB) **3.8** % 2.9 - 4.2

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4.3-6.5	good control			
6.6-7.5	satisfactory control			
>7.5	unsatisfactory control			

Our HbA1c method is performed according to the IFCC standard.
Please note, that the IFCC Standards are more sensitive and are able to recognize a pathologic Glucose tolerance at the earliest.
No sign of diabetic glucose metabolism (glycosylation).
Decreased HbA1c levels are observed in hemolytic anemia.

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